### **Kirkcaldy Heights School**



"Awaken your **courage**, reach new Heights" Telephone (204) 729-3291 Attendance Phone (204) 729-3290 Jaime Lombaert – Principal Nicole Koroluk – Vice-Principal

### December 2018

	Dates to Remember:	- 1
December 5	Grade 8 Field Trip - Winnipeg - Depart at 7:15 a.m. & return between 5:30 p.m. & 6:00 p.m.	
December 10	Winter Concert with Vincent Massey - WMCA - All Grade 8 Band Students	
December 19	Middle Years Christmas Concert - Gymnasium - 7:00 p.m.	ar a day
December 21	Last Day of Classes Before Winter Break - Classes resume January 7	

#### Student Safety Concerns ...



Parents, guardians and visitors to our school please respect the No Stopping Zones. The City of Brandon and the Brandon School Division have designated bus loading zones in front of the school.

Please note that the parking lot is not a drop off zone. Please encourage your child(ren) to walk to and from school. If you must park please use the Sportsplex parking lot.

The Staff parking lot is a busy area and with parking on either side of the lot it can be very difficult for drivers to see young children walking to / from their parents vehicles. **Do not park in the staff parking lot. All parking stalls are reserved for staff.** 

Parents driving by the bus when the stop arm is out could result in a fine of over \$600.00. Violations are recorded on camera and licenses are sent to police

We are also looking for parent volunteers to help supervise the Kirkcaldy Heights School Loop in the mornings. If interested please call 204-729-3291.

Thank-you for your cooperation!

#### Safety Patrols

We want to take the time to let you know that patrols **will not** be assisting students at the crosswalks when the temperature reaches –26 degrees Celsius or colder (with or without the wind chill).

Please be reminded that students will be outside before school starts and during breaks. Ensure that your child(ren) are dressed appropriately for the cold weather. Winter coats, snow pants, toques, mitts, scarves, and snow boots make recess much more comfortable and enjoyable for students. Please make sure your child(ren) do not arrive at school too early before school in the morning and at lunch.





December 4th, 2018 - January 4th, 2019

#### Kirkcaldy Heights PAC Update

Hello all, hard to believe that Christmas is right around the corner! Please make sure that your child is dressed appropriately for the colder conditions. If you are missing any articles of clothing, be sure to check the lost and found.

Just an update with PAC items, the East 40 sausage fundraiser that ran in October was a great success. We ended up netting \$2,400 in profit! Thank you to all that ordered. We will be having our Kernels popcorn orders distributed in mid December. If you are willing to volunteer your time to help with sorting and distribution of the popcorn orders please contact us at <u>kirkcaldypac@gmail.com</u> or at our Facebook page Kirkcaldy Heights School Parent Advisory Council. We are always in need of parent/adult help. Our grade 6/7/8 students that help us out are a great asset for us.

Hopefully everyone has seen the letter come home in regards to the Cookbook recipe submissions in November. We will have a decision shortly if we require more recipes to fill the book. If we require more, another letter will go home with each grade getting a different category to submit recipes for. We are hoping to have the cookbooks available for purchase by April or May!

Our next PAC meeting is scheduled for January 9, 2019, at 6:30 p.m. in the library. Hopefully we see more parents come out and be part of our discussions to remain up to date on what is happening at the school.

If you have any questions or concerns please contact us at <u>kirkcaldypac@gmail.com</u> or at our Facebook page Kirkcaldy Heights School Parent Advisory Council.

On behalf of everyone on the PAC, I'd like to wish everyone a safe, joyous holiday season and a prosperous new year!

#### Take Pride!



We are asking all students, parents, staff and visitors to our school to help us take pride by removing wet or dirty footwear upon entering our school. Thank you in advance

for your support in keeping our school clean!

#### Nut Free Policy

Just a reminder that we **cannot** have any nuts/tree nuts in our school. Please make sure when making lunches or sending snacks, that there are no nuts; that your snack is made in a nut free factory; and your snack does not say 'may contain traces of nuts'. As well, please remind your children to not share their food.

#### Visitors to the School

All visitors to the school must report to the office before proceeding into any area of the building.

Thank-you for your cooperation!

#### Volunteering at the School

If you are wanting to volunteer in the school for classroom activities, field trips, etc. you will need to complete a **Criminal Record Check & Child Abuse Registry Check**. Please come to the office to complete these forms. This process can take up to 6 - 8 weeks. If you have any questions, please call the office at (204) 729-3291.

#### From the Canteen

The Canteen will be serving:

Hot Dogs on Mondays for \$1.25 each

&

Cheeseburgers from McDonalds on Wednesdays

for \$2.00 per order

during the month of **December** 





#### Toonie for Terry

Congratulations Kirkcaldy Heights School! Students brought in generous donations, raising \$459.05 for the Terry Fox Foundation. Thank-you to all those that participated.

#### Scent Free Policy

Brandon School Division has a scent free policy. Students, parents and visitors are asked to refrain from wearing perfumes, colognes, hairsprays and heavily scented detergents to school.

#### Kirkcaldy Heights Lunch Program

If your child is in the lunch program please remember the following:

- 1. Ensure you are sending the proper cutlery and plate/bowl with your child in their lunch if they are required.
- 2. Warm Ups must be 2 minutes or less.
- 3. Warm Ups to be in a microwavable container with your child's name on it.
- 4. If your child will be absent from the lunch program, please contact the office at (204) 729-3290 and leave a message with Ms. Desjardins.
- 5. Students should have a main meal in their lunch not just snacks.

#### Get the Kids Involved with Meal Prep and Fun!

Having children around the kitchen may seem like a scary and messy task! However, there are so many benefits to having children in the kitchen that it deserves a second chance!

#### Benefits of involving children in the kitchen:

- Increased likelihood of trying new foods;
- Practice with reading recipes, handling foods and using utensils;
- Experience working with others and sharing;
- Exposure to safe food handling practices (e.g., washing hands and dishes);
- Quality time that the whole family can participate in;
- Learning skills and information about foods and meal planning;
- Save time for parents and caregivers.

#### Simple tasks children can do in the kitchen:

- Help with cleaning vegetables and fruits;
- Measuring out ingredients with cups and spoons;
- Spreading or pouring batters or mixtures;
- Tearing, shredding or crumpling foods with their hands;
- Mashing certain soft foods (e.g. potatoes, bananas);
- Add ingredients to a bag with their spices or herbs and let children shake it up! (Taken from Prairie Mountain Health Spring 2018)

## Remember to please keep your child at home if ...

- They are unable to go outside for recess
- They are vomiting
- They have a fever
- They have diarrhea
- They have a sore throat
- They have an eye infection
- They have a rash, lice or nits
- They are just not feeling very well

#### Middle Years Christmas Concert

You are invited to our Christmas Concert performance in the Kirkcaldy Heights School Gym on **Wednesday, December 19th at 7:00 p.m.** Our Christmas Concert will be Grades **5 - 8**.

#### Arrangements for Lunch - After School



Please discuss with your children, before they come to school, your arrangements for appointments during the day, as well as after school rides, lunch arrangements,

whether or not your child is to walk home after school, etc. While we realize emergencies do arise, we would ask that you help to reduce the number of phone calls to the office while at the same time teaching your children the responsibility of remembering arrangements. Thank-you!

#### Kirkcaldy Heights Information and Events



Please visit our webpage at www.bsd.ca/schools/kirkcaldy



# December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Day 4	4 Day 5	5 Day 6 Gr. 8 Field Trip - Winnipeg	6 Day 1	7 Day 2	8
9	10 Day 3	11 Day 4	12 Day 5	13 Day 6	14 Day 1	15
16	17 Day 2	18 Day 3	19 Day 4 Middle Years Christmas Concert - 7:00 p.m.	20 Day 5	21 Day 6 Last Day Before Winter Break	22
23  30	24 Christmas Eve 31 New Year's Eve	25 Christmas Day	26 Boxing Day Minter Broaliz	27 Winter Break Minter Break	28 Winter Break Winter Break	29 School resumes on January 7th